

“Chicken” Noodle Soup

Serves: 4

Prep time: 10 minutes

Cook time: 15 minutes



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Ingredients:

- *1 ¹/₃ cup Hearty Plant Protein Chunks
- *1 packet Seitenbacher Broth Mix
- 8 cups water
- 2 tbsp. olive oil (optional)
- 1 yellow onion - chopped (about 1 cup)
- 3 carrots - chopped (about 1 cup)
- 3 celery stalks - chopped (about 1 cup)
- 8 oz. uncooked, short pasta (penne, shells, or fettuccine broken)
- 1/2 tsp. salt
- 1/2 tsp. pepper

Directions:

- 1) In a large stock pot mix water, Seitenbacher Broth Mix, oil, and bring to a boil.
- 2) Stir in the Hearty Plant Protein Chunks, all remaining ingredients, and bring the mixture back to a boil.
(the vegetables & chunks take 10-12 minutes to cook, so mix in your pasta according to the cook-time listed on the packaging)
- 3) Put a lid on the pot, turn the heat to low, and simmer until the noodles are cooked and the carrots and celery are tender (10-12 minutes).

Serving suggestions:

- Serve with crackers or bread
- Side Dishes:
 - o Tossed green salad



INGREDIENTS



STEP 2



SERVED

*Available on [FakeMeats.com](https://www.fakemeats.com)

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